



## Take Action Today:

### ***Take the first step.***

Joining Peak State Recovery is straightforward and life-changing.

Here's how we make it easy for you to start your transformation:

- **Connect with Us:** Call, complete our online form, or scan the QR code below to get started.



- **We Handle Everything:** From transportation to intake, we make the process smooth and stress-free
- **Start Your Transformation:** Our personalized programs heal the whole person, setting you up for long-term success.

## Transform Your Life, Now.

**P.S** We know this might feel like one of the hardest decisions of your life. But we want you to know this: **you deserve more.** You deserve to feel *happy, whole, and in control again.* The life you've been dreaming about isn't out of reach—it's waiting for you. **Take the first step**, and let us help you get there. Call us or scan the QR code. Don't wait. The change you want starts today, and we'll be with you every step of the way.



**Phone**  
501-209-3764



**Website**  
[www.peakstaterecovery.com](http://www.peakstaterecovery.com)



**Address**  
22265 AR-9, Paron, AR 72122

**COMING  
SOON**



**PEAK STATE  
RECOVERY**

*Energizing Lives. Transforming Futures.*

## ***Finally, Treatment that Works***

Take Back Your Life with  
Peak State Recovery



*"At Peak State Recovery, transformation isn't just possible, but with the right support—it's inevitable. We combine innovative therapies, proven strategies, and an unwavering commitment to help you rediscover your best self."*

-Christopher Dickie, CEO

Peak State Recovery is a detox and residential center that transforms the lives of men and women battling addiction into lives of fulfillment, energy, and lasting sobriety.

## Why Choose Us?

At Peak State Recovery, we help you take back control of your life. Our proven methods are designed to not just help you recover, but to **thrive—mentally, physically, and emotionally**. Here's why Peak State Recovery is the breakthrough you've been searching for:



### Comfortable, Healing Spaces

Our warm, welcoming environment is a sanctuary for recovery, helping you focus on rebuilding your life.



### Results-Driven Therapies

Yoga, breath work, art therapy, and movement help reduce stress and inspire emotional resilience.



### Enhanced Detox Services

From infrared saunas to aromatherapy and guided meditation, our spa-like detox ensures comfort and well-being.



### Accessible Care

Seamless pick-up ensures clients can access care stress-free.



### Life-Changing Outcomes

Through innovative group work and individual therapy, clients rediscover their passions and rebuild purposeful lives beyond sobriety.

## The Evidence Behind Our Approach

At Peak State Recovery, we don't just focus on recovery—we focus on your transformation. With science-backed methods and innovative therapies, we give you the tools to succeed, feel empowered, and build the life you deserve. Here's how we make it happen:

**The Power of Movement:** *At Peak State Recovery, movement isn't just therapy—it's transformation in action. By weaving physical activity into our sessions, we help you relieve stress, elevate your mood, and sharpen your focus. Science proves it: movement releases endorphins, clears your mind, and strengthens your resilience. It's not just about breaking free from cravings—it's about building the foundation for a stronger, happier you.*



**The Impact of Art Therapy:** *Art therapy isn't just about expression—it's a proven way to process deep emotions, rebuild self-awareness, and gain the strength to handle life's challenges with resilience and clarity.*

**75%** | of participants develop healthier emotional outlets

*Malchiodi, C.A. (2011)*

### Empowerment Leads to Success:

*Empowerment sparks action. When you feel in control, lasting transformation follows.*

**80%** | of Americans who resolved a drug problem achieved personal milestones, proving empowerment fuels recovery.

*Massachusetts General Hospital (2020)*



**Healing Environments Matter:** *Imagine a place where you feel safe, supported, and inspired. Our warm, nurturing spaces aren't just comfortable—they actively boost engagement and set you up for success in recovery.*

- A study from the Journal of Substance Abuse Treatment found that clients in supportive, nurturing environments are significantly more likely to stay engaged in their recovery journey.